

60 minutes - PORTIONS: 

INGREDIENTS

- 300 ml natural yogurt
- 30 ml honey
- Fruits of your choice: mango, kiwi, strawberry



METHOD

- 1** Mix the yogurt and honey.
- 2** Whizz the fruits separately in a food processor and mix evenly with the yogurt.
- 3** Using a small spoon, put the yogurt in a ice lolly mould or ice cube tray.
- 4** Place a lolly stick in the middle. Freeze until ready to eat. Decorate and serve.



FROZEN YOGURT ICE LOLLIES